

A Week of Guided Prayer

at
St Gregory's Deepdale
In partnership with
St Wilfrid's Preston

Open to EVERYONE !

**1 - 7
OCTOBER
2017**

A Week of Guided Prayer is a tried and tested way of helping people pray in the midst of daily life. Taking part means finding a little time each day during the week to pray on your own. It means meeting each day with your own guide or companion for the week. Your companion will be a person experienced in this way of prayer and who is there only to help you. If you would like help with your prayer in any way, then this is for you. For enquiries and bookings, telephone or email—

St Gregory's: info@stgregoryspreston.org.uk

01772 930934

St Wilfrid's: peterarandall@gmail.com

01772 555244

The Week of Guided Prayer is available to **EVERYONE**. Those who have a ministry in their parish may find it particularly helpful. All that is needed is your time, your willingness to take part, and your desire to know God's love for you more fully.

